

ZACHARY DAY

Madison, AL | (256) 374-6846 | zachday1105@gmail.com

Education

University of Alabama in Huntsville | January 2022-July 2024

Bachelors in Sport and Fitness Management

Minor in Business Administration

Minor in Sports Coaching

Assistant Coach for The UAH men's soccer team

University of Montevallo | August 2020-December 2021

Member of The UM men's soccer team

2021 Gulf South Conference Regular Season Champions

Experience

University of Alabama in Huntsville

Volunteer Assistant Coach/ July 2023-Current

- Assist the coaching staff in the running and organization of training sessions
- Help plan practice and game tactics
- Set up and monitor VEO camera for all games
- Monitor Academic Progress for Freshman and at risk players
- Game-Day field maintenance
- Set up training sessions

Huntsville City FC (MLS NEXT PRO)

Technical Operations Internship/ February 2024-Current

- Assist the coaching staff in the running and organization of training sessions
- Assist the video analyst with filming training sessions
- Assist in the set up and tear down of training sessions and games

NOW Soccer Academy

Lead Technical Trainer / January 2020-Current

- Leading small group and individual sessions focused on technical side soccer.
- Work with variety of ages and ability levels
- Consistent and effective communication with members of the coaching staff, administrators, and parents

James Clemens High School

JV Head Coach / November 2023-Current

- Lead JV practices and games
- Break down and analyze game film
- Lead game film sessions

NOW F.C.

Head Youth Soccer Coach / August 2022-May 2023

- Lead team training sessions, meetings, and games for a variety of age groups.
- Developing each player's core competencies and weaknesses along with teaching the players how to use their own strengths to help the development of the team.
- Consistent and effective communication with members of the coaching staff, administrator, and parent.

Certifications and Licenses

USSF B-License Begins July 2024

USSF C-License May 2023

FSI Master Football Tactical Analyst August 2023

FSI Master High-Performance Football Coach May 2024

Certified Sports Nutrition Coach January 2023